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## **Impact of Online Teaching Attitude and Stress of Secondary School Teachers on their Self-efficacy**

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**ABSTRACT** The growth of educational institutions and the academic success of students depend on how well teachers perform in the educational system. Numerous studies have shown that two significant elements affecting teachers' ability to effectively teach in the classroom were their attitudes and stress levels. The key objective of study was to explore whether or not secondary school teachers' attitudes toward and stress levels related to online teaching impacted how effective they were at teaching. To gather the necessary data from 428 randomly selected secondary school teachers in both government and private secondary schools, a survey technique of research was used. They were given the teacher attitude scale, teacher stress scale, and teacher self-efficacy scale, and collected required data from all selected teachers. The investigation of the data gathered revealed that attitudes and stress levels of secondary school teachers in online teaching have an impact.